

N° d'inscription

--	--	--	--	--	--	--

NOTE: \_\_\_\_\_  
**20**

NOTE: \_\_\_\_\_  
**30**

Le sujet comporte 4 pages numérotées de 1 sur 4 à 4 sur 4

## THE TEXT

1. As part of a five-day digital detox, 10 teenagers swapped their devices for basic phones. The detox is part of a project looking at young people's smartphone habits at Media City's University Technical College. And Will is one of 10 students who have agreed to trade in their smartphones for a basic handset. "It's going to be "a real challenge," says college principal Colin Grand, who is locking the students' **devices** away for the duration of the experiment.

2. When he was younger, Will used to love riding his bike. He's now 15 and spends most of his free time scrolling through TikTok videos. Last week, he clocked up 31 hours on social-media apps. But for the next five days, he will have no access to social media. "I'm worried how I will cope," Will says. Ruby, 16, says she spends way too much time on her phone. She acknowledges that having a break from her smartphone has opened up more conversation with her parents.

3. After five long days, it's time for the students to be reunited with their smartphones. Excitement levels are high as a teacher walks over to the college safe to retrieve them. As soon as they've turned their phones back on, the teenagers are glued to their screens. But Will says after taking part in the detox, he would like to find ways to limit his screentime. "**It** has made me realize how much time I spent on social media, and the need to cut down on it," he acknowledges. Time away from his phone has allowed him to reignite his passion for cycling.

[www.bbc.com](http://www.bbc.com)

12 June 2024



Section : ..... N° d'inscription : ..... Série : .....

Nom et Prénom : .....

Date et lieu de naissance : .....

Signatures des surveillants

.....

.....

✂

-----

ANGLAIS (Section: Sport \_Session de contrôle 2025)

**I. READING COMPREHENSION QUESTIONS (12 marks)**

**1. Tick (✓) the most appropriate option. (1 mark)**

The text is mainly about some teenagers who experimented with

- a. taking up hobbies away from smartphones.

b. limiting time on their smartphones.

c. living without their smartphones.

☐  
☐  
☐

**2. Complete the table with information about the experiment with reference to paragraphs 1 and 2. (3 marks)**

Alternative means of communication	Duration	Positive impact
a) .....	b) .....	c) .....

**3. For each of the following statements, pick out one detail showing that it is FALSE. (3 marks)**

- a. The students were forced to take part in the experiment. (paragraph 1)

.....
- b. Excessive use of social media started since Will's early years. (paragraph 2)

.....
- c. The students got rid of their social-media addiction. (paragraph 3)

.....

**4. Pick out from the text words/expressions meaning nearly the same as: (2 marks)**

- a. reached a particular amount or number (paragraph 2): .....
- b. to get something back: (paragraph 3): .....

**5. What do the underlined words in the text refer to? (2 marks)**

- a. devices (paragraph 1) refers to: .....
- b. It (paragraph 3) refers to: .....

**6. Give a personal justified answer to the following question. (1 mark)**

Would you agree to take part in such a project? Why or why not?

I ..... because .....

.....



Ne rien écrire ici

## II. LANGUAGE (10 marks)

### 1. Fill in the blanks with 7 words from the box below. (3.5 marks)

extracurricular / when / for / them / eventually / while / issue / themselves / struggled

We're raising bright kids, but can they boil an egg? With frequent exams and busy classrooms, most teaching time is left for imparting the essentials of the national curriculum. Yet, our children will ..... step out into a world where skills beyond being book-smart are required. That was the case for Chloe, 22: "I did a lot of studying and ..... stuff like music lessons but after I left home, I ..... with things like changing a lightbulb." Sarah, 24, says: "Cleaning was an ..... when I first left home. Household chores aside, young people are also unprepared ..... work." Employers have reported that ..... recent graduates might be intelligent, they are lacking in essential skills. Parenting author Sarah Ockwell says parents only have ..... to blame for kids who can't cook, clean or function in the workplace.

### 2. Put the bracketed words in the right tense or form. (3.5 marks)

With flight prices rising and travellers demanding more sustainable options, the way we explore the world is changing. As the **(found)** ..... of a flight-free travel company, Jones leads by example. Set up in 2020, the company aims to shift for **(slow)** ..... and more sustainable travel by utilising trains, ferries and buses. It's a **(grow)** ..... trend. More than 60 per cent of travellers say they want **(reduce)** ..... their travel footprint, while more than 16,500 people **(pledge)** ..... to not fly for a year since 2020. Employers are getting in on the act as well by signing up for movements such as Climate Perks, which **(give)** ..... employees more holidays if they travel by train. Another major change is the rise of remote working. As of May 2023, 39 per cent of UK workers **(say)** ..... they regularly worked from home, with many taking 'workations': working while away on holiday.



Ne rien écrire ici

3. Circle the right option. (3 marks)

According to experts, the Mediterranean Diet makes for a healthier old age by helping to reduce brain age. Towards the end of the 1950s, researchers embarked on a mission to find the world's **(healthy / healthiest / healthier)** diet. The Seven-Country Study, **(which / where / who)** ran until the early 1980s, focused on rates of heart diseases. The countries that consistently came out **(in / at / on)** top were the Mediterranean ones. The researchers found that those who lived in Mediterranean countries had the lowest rates of heart disease, largely **(due to / because / as a result)** what they were eating. The concept of the Mediterranean Diet was born, and since then studies **(found / find / have found)** that as well as protecting our hearts it can boost brain health and support weight loss. It **(improves / promotes / appeals)** eating a wide variety of healthy food, including lots of colorful fruits and vegetables, with olive oil, at its core.

..... /10.00

III. WRITING (8 marks)

One of your friends shared a video on his Facebook page showing that playing video games for three hours a day can improve young people's mental well-being.

Write a 10-line Facebook post in which you disagree with the idea. Support your opinion with at least **three** sound arguments.

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

...../8.00